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December 2015



YCSA *update*

SUPPORT • COLLABORATION • COMMUNICATION • INFLUENCE

YCSA President's Welcome

Another year and another semester finished with so many memories and changes to carry us into the new year. I would like to thank everyone for giving me the amazing opportunity to be the president of YCSA, and it will be my honor and privilege to serve you all. As a bonus, you can all serve now too! YCSA has formed eight committees to better serve the staff of Yavapai College and all of our needs. If you are interested in serving on a committee please contact a YCSA Board member and we will connect you.

All of the YCSA Board and committees are working hard, and we have great things coming up, so be sure to get involved!

See you all in the new year!

James Elphick, Trio Veterans Upward Bound

Calendar Reminders



- 12/14 Prescott Campus Holiday Potluck
11:30 a.m. – 1:30 p.m.; located in 19-147
- 12/18 Last day to complete required Workplace Answers Title IX and Security Basics training
- 12/21/15 – 1/1/16 Winter Break! — *All offices closed*
- 1/13 Convocation Day
YCSA Board Meeting
- 1/18 Martin Luther King, Jr. Day — *All offices closed*
- 1/19 First day of Spring Semester
- 1/21 Last day for students to add a class
- 1/24 Last day for students to drop a class and receive a 100% refund

Yavapai College — Nature's Beauty

by Gina Hutchison

I have worked at Yavapai College for a year and feel honored to work with the people in my department, as well as those in other departments. One of the highlights of working at YC is walking around this magnificent campus. When I go on my daily errands or occasionally walk the trail, I am captivated by the beautiful landscape that surrounds us.

In the spring, the trees and vast vegetation on campus are in bloom with their own unique aromatic and vibrant flowers and in the fall, most of the trees change into their "Autumn Color Palettes." This is something that one could never tire of.

During my walks in the spring and summer, I noticed some trees had produced fruit. I often wondered, how many fruit trees do we have on this campus? I was able to talk with the expert, Mike Kervin, to get some answers. Mike is the Facilities District Grounds Supervisor and has worked for Yavapai College for many years.

Mike informed me that we have:

- On the Prescott campus, a total of 31 fruit trees and berry bushes (ornamental crab apple, peach, apple, raspberries, blackberries, blueberries, currants, and 30 grape vines—variety of four), some are located by YCPAC, HVAC, Library and Human Resources. On the Chino Valley campus there is one apple tree. By the way, these are all edible and I heard very delicious.
- Over 800 trees and over 3,000 plants that are on a timed irrigation system.
- 20 Akebia Chocolate Vines. Its origin is from China, and arrived in the United States in 1845.

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Yavapai College — Nature's Beauty

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- 2 Giant Sequoias. This type of tree is considered to be the biggest in the world.
- 1 Ginkgo Biloba. It is one of the oldest living tree species, dating back 300 million years.

I had the opportunity to visit and walk around the Verde Valley campus in August and was amazed how stunning this campus is as well. Mike informed me that he and his crew of four staff on the Prescott campus and one on the Verde Valley campus replanted almost the entire campus. They did such an amazing job!

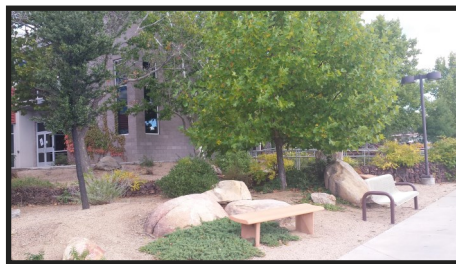
An upcoming project they will be working on is beautifying the landscape around the residence halls. I'm looking

forward to seeing the completion of that project.

Kudos go out to:

- Mike Kervin** — Prescott Campus
- Jason Major** — Prescott Campus
- Sam Johnson** — Prescott Campus
- Mark Misemer** — Prescott Campus
- Nathan Rowe** — Prescott Campus
- Tim Hudnall** — Verde Valley Campus

You can tell these men love what they are doing by the "art" that is displayed on our campuses for all to enjoy.



Wellness Program

One of the best ways to stay in shape during the cold months is to get out there and face it. Whether you enjoy downhill skiing, cross country skiing, or just bundling up and going for a hike or run, getting outside is invigorating and provides a great change of pace from being cooped up inside. Running in the snow is an activity that is so intense that it will wear you down quickly, give you a great workout **and** get you back inside before your sweat has the chance to freeze! Exercise can increase your levels of those feel-good hormones, endorphins, but because your body has to work harder in the cold, your endorphin production is boosted *even more*, leading to a happier state of mind. Plus, exposure to natural light is a known depression fighter, especially for seasonal affective disorder, a condition brought on by shorter, darker days. Another bonus: You can burn more calories in the winter!

Visit our website for upcoming classes and events:

yctwellness.com.....& like us on Facebook!

Contact Paula Tomitz, YCT Wellness Program Coordinator

Phone: 928-776-2238 Email: paula.tomitz@yc.edu

Cool Ways to Torch Calories *

Building a fire: 80 calories

Having a snowball fight: 96

Ice-skating: 176

Shoveling snow: 192

Skiing (cross-country): 256

Skiing (downhill): 192

Sledding: 224

Snowboarding: 192

**Calories burned are based on a 140-pound woman.*

5 Steps to Staying Healthy in Winter

1. Boost your diet
2. Exercise regularly
3. Wash your hands often
4. Sleep well
5. Make time for friends



Meet the Yavapai College Staff Association (YCSA) Board

President — James Elphick (ext. 7687 or james.elphick@yc.edu)



James has worked at Yavapai College since January 2015 as the Program Manager for TRIO Veterans Upward Bound (a part of Student Development). He is a veteran of the Global War on Terror having served with the 82nd Airborne Division in Afghanistan and Iraq. He has a Masters in International Studies from Texas State University, and in his free time enjoys reading, writing, and playing music.

Vice-President — Daintry Donovan (ext. 2114 or daintry.donovan@yc.edu)



Daintry has just entered her 13th year of service at Yavapai College. In October 2003, she started at YC as the only full-time phone registration person district-wide. In 2005, she moved to the Nursing Program where she served for ten years as the Student Records and Resource Coordinator. Similar duties were added for the Radiology Program for the past few years. Recently, she moved to the Testing Center as a Specialist and is loving it! The best part of her work at Yavapai College has always been student contact and serving students. She grew up in the San Francisco Bay Area and has called the Prescott area her home for the past 25 years. Her and her husband are new empty-nesters; however, they are still trying to get their adult children “off the payroll,” as their youngest is still at the University of Arizona.

Secretary — Angela Fabela (ext. 2086 or angela.fabela@yc.edu)



Angela is currently the Learning Center Specialist for the Prescott Learning Center and has been with Yavapai College since 2011. She has a BA from Northern Arizona University and in her free time likes to play tennis, hike, and travel with her husband and two beautiful kids.

Web-Design — Alice Burroughs (ext. 6589 or alice.burroughs@yc.edu)



Alice has been at YC for over 21 years. She has held various positions around the college: Facilities, Instructional Assistant at the Sedona Center and Verde Valley Campus, and currently is a Technician for Computer Technologies and Instructional Support. She manages the academic webpages and 25Live scheduling software. For FUN, she loves to listen to live music, dance, and of course ride her Harley Trike!

New Hire & Professional Development Liaison — Connie Del Castillo (ext. 2217 or connie.delcastillo@yc.edu)



Connie has worked at YC for over eight years. She is currently an Administrative Assistant for Human Resources. She started out opening the Del E. Webb Family Enrichment Center and transferred to Human Resources a little over one year ago. She has two amazing daughters and a beautiful grandchild. When she is not working she likes to hike with her dog, go to the movies, and enjoy Prescott happenings. She is working towards a degree in Office Administration here at YC, is also a member of local, state and national Human Resources Management Associations.

Alternative Representative — Karen Leja (ext. 2270 or karen.leja@yc.edu)



Originally from California, Karen moved to Prescott in 2008. She served as Office Manager for Mountain Institute JTED for four years prior to taking her current YC position of Administrative Assistant in Student Development in November 2012. Karen has a Bachelor’s Degree in Public Relations from the University of Southern California. Karen’s work background includes: hospital development director; non-profit manager; events coordinator; and co-publisher of a weekly newspaper. Outside of work, Karen currently serves as President of the Prescott Evening Lions Club. She and her husband Ken have been married 38 years and have two adult children. Karen’s mantra for life is “to enjoy each day to its fullest.”

Happiness is catching snowflakes on your tongue.
— Sally Brown (Peanuts, Charles M. Schulz)

YCSA Committee Updates

Administrative Governance Liaison Committee

The AGLC met for the first time on October 19th. At this meeting they established a chairperson, Shar Jenniges, and established the following mission statement:

The mission of the Administrative Governance Liaison Committee is to:

- Listen to and seek out matters raised by YCSA membership, or submitted to YCSA by Yavapai College administration
- Research solutions and answers, and
- Report findings and recommendations to involved parties.

The AGLC welcomes matters from employees concerning the administration of the college. At their meeting scheduled for December 4th, they were to discuss the issue of coordinating inclement weather delays with the local school districts to ensure we are not adversely affecting students and staff.



Service Excellence Committee

Below are the names of those who have been nominated for outstanding service. Congratulations to you and thank you for providing excellent service!

Service Excellence Recognition	
June — November 2015	
Kirsten Adaniya	Stephanie Kallam
Santana Alvarado	Chris Larson
Andrea Annibale	Diane Mazmanian
Michelle Baker	Wade Milner
Molly Beauchman	Scott Nardo
Frankie Cardamone	Jeremy Poehnert
Sandra Carney	Sara Porter
Jami Dodwell	Jessee Porter
Daintry Donovan	Tamie Saffell
Diana Dowling	Karen Smith
Dave Dvorak	Janice Soutee
Kirsten Fanning	Leslie Sparkman
Brenda Giese	Cully Stead
Andrew Gilstrap	Virginia Vantuyl
Jesse Hobby	Tina Wadsworth
Bob Hoskovec	Wendy Weiland
Tim Hudnall	Harlee Welch
Tom Hughes	Cheryl Williams

Benefits Committee

Total Compensation Calculator

Please check out the calculator on the Human Resources Compensation page at <https://www.yc.edu/v5content/human-resources/compensation.htm>. This calculator provides useful information by determining an estimate of the total compensation benefits for full-time faculty and staff provided you select the correct coverage amounts/types.

Status of Employee Leave Bank

HR is currently reviewing the leave bank policy for possible changes as the leave bank is currently exhausted.

Student and Staff Discount List

As YC staff or students, you are eligible to receive discounts at a variety of local business using your YC ID card. The list of participating businesses is available on the YC website at <https://www.yc.edu/v5content/enrollment-services/docs/OneCard1/StudentDiscounts6.18.15.pdf> (please note YC employee discounts are marked with an *).

Benefit Summary

For more information about staff and faculty benefits please refer to the Human Resources Benefits page at <https://www.yc.edu/v5content/human-resources/benefits.htm>.